ADVANCED COURSE

VERTICAL FREEDOM
BOPT CONCEPT

THEORETICAL • DEMONSTRATIVE • PRACTICAL

with Dr. Stefano Conti

Tirana, Albania | 5-6 March 2027

VF

VERTICAL PREPARATION

SOFT TISSUE SHAPING

MINIMALLY INVASIVE

COURSE OVERVIEW

The course is designed to provide clinicians with techniques that can be applied immediately in daily practice, with emphasis on quality, predictability, function and aesthetics through a minimally invasive approach.

Learning objectives

- Perform the B.O.P.T. / Vertical Freedom technique from tooth preparation through provisional relining, impression and final cementation.
- Increase soft-tissue thickness around teeth.
- Manage gingival architecture with a minimally invasive approach through Biodynamic Soft Tissue Shaping.
- Understand papillae and facial gingival dynamics around natural teeth.
- Apply practical tooth-preparation tips and step-by-step temporary crown relining.

WHO IS IT FOR?

Prosthodontists Control gingival zenith position and create ideal gingival architecture with a minimally invasive approach.	Periodontists Explore a prosthetic approach for stable soft tissue and non-surgical manipulation of tissue thickness.
General Dentists Advance aesthetic restorative skills and apply the technique immediately after the course.	Dental Technicians Understand crown design for vertical preparations and the final positioning of the new prosthetic CEJ.

DAY 1

THEORETICAL SESSION

All steps of the Vertical Freedom concept are analyzed through clinical cases, from tooth preparation to final crown cementation. The session also covers minimally invasive adhesive dentistry and contemporary trends in anterior indirect restorations.

Vertical Freedom Concept Philosophy

- Vertical vs. horizontal tooth preparation

Vertical preparation of the tooth

- HSS - Horizontal Supracrestal Space
- Prosthetic approach and new Biological Width
- Gingival margin and harmony retrieval
- Crown margin and periodontal response
- Intrasulcular mapping
- Tooth preparation
- Provisional relining - step by step
- Biodynamic Soft Tissue Shaping
- Analog impression
- Digital impression - no-cord technique
- Digital impression - cord technique
- Cementation

New emergence profile

- New PCEJ
- Emergence profile and prosthetic contours
- Adaptation profile and soft-tissue response

Minimally invasive adhesive dentistry

- Minimal Vertical Prep / No Prep
- Additive veneers and new pCEJ
- Mock-up
- Lab procedures
- Try-in
- Cementation

DAY 2

DEMONSTRATIVE + PRACTICAL

DEMONSTRATIVE SESSION

Dr. Stefano Conti presents all steps required to perform the Vertical Freedom Concept (BOPT), including tooth preparation and temporary crown relining.

- Tooth preparation
- Controlled invasion of the sulcus and horizontal supracrestal space
- Provisional relining - laboratory procedures
- New PCEJ
- Emergence profile and prosthetic contours
- Adaptation profile and soft-tissue response

PRACTICAL SESSION

All participants perform the Vertical Freedom protocol on a model, translating the demonstrated workflow into hands-on clinical technique.

- Tooth preparation
- Controlled invasion of the sulcus and horizontal supracrestal space
- Provisional relining - laboratory procedures
- New PCEJ
- Emergence profile and prosthetic contours
- Adaptation profile and soft-tissue response

Course format

A two-day advanced program combining theory, clinical demonstration and practical model-based training.

FACULTY

DR. STEFANO CONTI

DDS • Implant Dentistry • Esthetic Dentistry

Stefano Conti received his D.D.S. degree from the University of Medicine and Surgery, School of Dentistry, Parma, Italy, in 1989. He attended implant dentistry courses with Dr. David Garber and Drs. Henry and Maurice Salama at Goldstein Garber & Salama in Atlanta, Georgia, USA, and completed the one-year UCLA/gIDE Master Clinician Program in Implant Dentistry at the UCLA School of Dentistry in California.

He lectures in the Master Program of Implantology and the Master Program of Facial Esthetics at the University of Parma, School of Dentistry. He lectures internationally across Italy, Europe and South America, and is an active member of the Italian Academy of Esthetic Dentistry (IAED) and the Digital Dentistry Society (DDS). His private practice activity in Prague and London is focused on implant surgery and esthetics around natural teeth and implants.

VERTICAL FREEDOM

Precision in preparation. Control in tissue shaping. Predictability in aesthetics.